



Why period underwear? Imagine a really nice pair of pants, that fit like a glove. Add to that an absorbent crotch area that takes care of your period, so you don't need any other period protection. Et voilà! That's period underwear!

Guide – Period Underwear

ORGANIC COTTON ON THE VULVA

Imse's assortment of period underwear is made from organic cotton. The pants themselves are made from 95% organic cotton, enriched with 5% elastic for added elasticity and resistance. All materials have been carefully selected with your body and the environment in mind.

ABSORBENT CROTCH AREA

The crotch of Imse's period underwear contains a top layer made from 100% organic cotton which is extra gentle on your skin and mucous membranes, preventing irritation and imbalances in vaginal bacteria. The absorbent core is made up of several layers of organic cotton, followed by a leakage barrier of laminated polyester, so you can be sure your period underwear won't leak.

CHOOSE UNDERWEAR TO SUIT YOUR FLOW

Imse offers period underwear with three different absorbency levels - light, medium, and high. High absorption features both more layers within the absorbent core and more coverage at both the front and the back of the pants. Giving you the right coverage throughout your cycle!

HOW TO WASH YOUR PERIOD UNDERWEAR

Before initial use: Wash your period underwear before using them for the first time. This improves the pants' absorption capacity.

After use: Rinse the underwear in cold water and wring out. Then choose the treatment method that suits you best: Either wash them straight away, or store the damp pair in, for example, an Imse wet bag, for up to 2 days. If it's longer than

two days before they're washed, you'll need to hang dry them. In dry form they can last longer between washes.

Wash day! Wash at 60 degrees together with your other laundry. Imse's period underwear is designed to withstand a 60-degree wash in order to be 100% hygienic, since 58 degrees is sufficient to kill off any bacteria.

Let the underwear air dry - they'll last longer. Alternatively, put them in the tumble dryer or airing cupboard on a low temperature. •

